

2011 SD Black Hills Gold Pentathlon

Hosted by Black Hills Gold Swimming

November 19, 2011

Sanction # SD 101811

- Sanction:** This meet is held under the sanction of South Dakota Swimming and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of this meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, the Donald E Young Center, the city of Spearfish, and the Black Hills Gold Swimming Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** Donald E Young Center Pool, Black Hills State University, 1200 University St., Spearfish, SD
- Course:** 25 Meters; 6 lanes; Wave-calming dividers; Daktronics Timing System with manual back-up. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4).
- Water depth:** Starting end depth 10 feet: midpoint depth 5 feet: turn end depth 4 feet.
Turn end depth meets USAS minimum requirement for racing starts per Rule 103.2
- Format:** This will be a combined meet. Events will be swum as timed finals
- Starting Times:** One Session. Warm ups will begin at 8:30 a.m. and the meet begins at 10:15 a.m. Warm ups will be divided depending on the number of swimmers and will be communicated to the coaches prior to the meet by November 16, 2011.
- Meetings:** Officials meeting at 9:45 a.m. in coach's room. Coach's meeting at 10:00 a.m. in coach's room. Meet begins at 10:15 a.m.
- Warm-ups:** Warm ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.
- Swimwear Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on November 19, 2011 determines the age of the swimmer for the entire meet.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. (202.3.3)
- Deck Registration** On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.

- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee.
- Scoring:** The swimmer completing all five events in his or her age group in the least amount of time shall place first, the swimmer completing all five events in the second fastest time shall place second, etc. In view of the fact that we must have times for all five events for each swimmer to determine final awards, if a swimmer disqualifies in an event, he/she will be given the time achieved for that event plus 10% of that time in determining the total time for all events.
- Age groups to be scored are as follows: 8 & under, 9-10, 11-12. For purposes of scoring, seniors will be broken down into age groups, 14 and under, 15-18, and 19 and over with no points awarded for 19 and over.
- Event Limit:** Swimmers may swim a maximum of 5 individual events for the meet, but no more than 5 per day.
- Meet Length:** USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.
- Seeding:** Swimmers will be seeded slowest to fastest.
- Time Trials:** There will be no time trials at this event.
- Awards:** Awards will be given to individual swimmers in each age group. Trophies will be given for 1st through 5th place. First place will go to the swimmer completing all 5 events in the least time, second place to the swimmer completing all 5 in the second least time, etc. Awards will not be given for individual events. There will not be team awards.
- Entries:** Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. You may email your entries to teena.huber@fib.com. Mail a printed copy of the entries and a check for entry fees payable to Black Hills Gold Swimming. Mail to:
Teena Huber
810 S. 33rd Street
Spearfish, SD 57783
- Fees:** \$27.00 flat entry fee per individual enters the swimmer in all five events which includes the \$3.00 SD Head Tax per swimmer and facility fee.
- Deadline:** All entries and entry fees must be received no later **Friday, November 11, 2011.**
- Protests:** Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.
- Concessions:** A concession stand will be open during the entire meet. The Young Center does not allow coolers to be brought into the building.
- Officials:**
- | | | |
|----------------|---------------|--------------|
| Meet Director: | Teena Huber | 605-641-3557 |
| Meet Referee: | Troy Rommen | |
| Meet Starter: | Glen Lewis | |
| Meet Marshall: | Dianna Rommen | |
| Head Timer: | Roxanne Lewis | |

Meet Officials will meet the requirements of 202.3.4.

ORDER OF EVENTS

Black Hills Gold Pentathlon Order of events Saturday November 19 th		
	Warm-up begins at 8:30 Meet begins at 10:15	
Female	Event	Male
1	8 and under 25 Free	2
3	9-10 50 free	4
5	11-12 50 free	6
7	13 and over 100 free	8
9	8 and under 25 breast	10
11	9-10 50 breast	12
13	11-12 50 breast	14
15	13 and over 100 breast	16
17	8 and under 25 back	18
19	9-10 50 back	20
21	11-12 50 back	22
23	13 and over 100 back	24
25	8 and under 25 fly	26
27	9-10 50 fly	28
29	11-12 50 fly	30
31	13 and over 100 fly	32
33	8 and under 100 IM	34
35	9-10 100 IM	36
37	11-12 100 IM	38
39	13 and over 200 IM	40

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.

8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.

8.4 General Warm-ups:

- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
- (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".

8.5 Starts (Specific Warm-ups):

- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
- (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
- (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
- (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- (5) There shall be one start end during warm-ups.

8.6 Mid-Meet Warm-ups/Cool-downs:

- (1) Swimmers must be supervised by a USA Swimming member Coach.
- (2) There will be no diving.
- (3) Circle swimming only.
- (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.